



Corporates and Women's Health

For more information on Women's Health Programmes contact us at info@womanon.org



Overview

The Corporate programmes raise **awareness** and **understanding** in women's health in **reproductive** years, **perimenopause**, and **postmenopause**, including chronic disorders and diseases, best care practices, diagnostics, treatments, and pathways to cures. In addition, we guide organisations in the creation and implementation of **workplace policies**, that recognise and support women's health, attracting the best talent, improving retention, and productivity.



Approach

- Delivered through **in-person workshops** to empower women with knowledge on their health to improve quality of life and **productivity in the workplace**, and to foster an environment to close the data gaps in women's health.
- The workshops and seminars provide critical information to both **male** and **female** employees on women's health, its impacts, and how to support colleagues, promoting **empathy** and **understanding** within the workforce.
- Workshop **thematic area** varying depending on the participants.
- Each workshop delivered over **two days** with a half-day session on each day.
- **Toolkits** are used extensively together with **digital platforms** for education and to raise awareness about best care practices, research, advances in diagnostics, and treatments.
- Connect individuals to **resources** to proactively manage their healthcare needs including medical professionals.
- Supports **break out** into smaller groups or customise the group for maximum conversation and learning.